

# Mobile Infirmary Quarterly Medical Staff Meeting

**Target Audience:** This quarterly series is designed for medical staff of Mobile Infirmary.

**Global Objective:** To provide medical staff physicians of Mobile Infirmary with clinical and non-clinical information on current trends and issues in medical practice and administration. Physicians attending will be able to apply relevant information to their daily practice to aide patient population healthcare improvements.

## Inpatient Diabetes Management (made Ridiculously Simple)

### Date & Time

**Monday, December 16, 2024**

**6-7p – educational lecture**

*(brief business meeting held prior to lecture)*

### **LOCATION:**

**Ground floor auditorium**

**–OR– via Zoom**

The zoom link will be emailed to medical staff in a calendar invite. If link is not received prior to **December 16, 2024**, please contact Kira Delburn at 251-435-7921.

### Objectives

- Recognize the importance of glucose control in hospitalized patients.
- Identify glycemic targets in hospitalized patients.
- Learn about initial insulin regimen for hospitalized patients.

### Speaker



**Mihail Zilbermint, M.D.,  
M.B.A., F.A.C.E.**

*Endocrine Hospitalist*

Associate Professor of Clinical Medicine,  
Johns Hopkins School of Medicine  
Dir., Endocrine Hospitalist program,  
Johns Hopkins Community Physicians

**Identified Need:** Mobile Infirmary is implementing changes to insulin regimens and diabetes management. Current programs include the Diabetes Medication Management Clinic at DMC, the inpatient Diabetes Rounding Team, Diabetes Resource, Continuous Glucose Monitoring Program for discharge and Glucomander IV. Individuals with diabetes have double the risk of readmission than those without diabetes, with an estimated 30% of individuals being readmitted within 1 year. Hyperglycemia in hospitalized patients has been associated with significantly worse outcomes across diverse disease states, including acute myocardial infarction, pneumonia, and renal failure. Poor glycemic control is associated with impaired wound healing, increased infections, increased hospital length of stay, and mortality.

### **Disclosures:**

Speaker, Dr. Mihail Zilbermint discloses relevant financial relationship with the following ineligible company: DexCom, Inc (consultant); this relationship has been mitigated. Course Director, Dr. Wendell Erdman has no relevant financial relationships with ineligible companies to disclose. As planners, disclosures of the Medical Education Committee have been reviewed; no relevant relationships exist pertaining to this live activity with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

### **Designation Statement:**

The Mobile Infirmary designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **Accreditation Statement:**

The Mobile Infirmary is accredited by the Medical Association of the State of Alabama to provide continuing medical education for physicians.



**Mobile Infirmary**  
INFIRMARY HEALTH