

Internal Medicine Residency Program

**INFORMATION HEALTHCARE WORKERS AND
DOCTORS CAN'T AFFORD
TO MISS.**

GRAND ROUNDS



Identified need: This ongoing monthly Infirmary Grand Rounds is for physicians, residents, nurses, social workers, and the healthcare team interested in increasing their knowledge, addressing competence, performance, and patient outcomes. Topics and cases are selected to provide up-to-date knowledge about timely issues in internal medicine.

Date: January 7, 2025

Time: 12-1 p.m. – 1st Tuesday/Monthly

Location: GME Classroom, 3rd Floor or virtually via Zoom



Topic/Presenter:

**“HIV Diagnosis and Management for the Primary Care Physician”
with Dr. Kristin Rager**

Identified Need to Address Topic: Even though there is no cure for HIV, everyone diagnosed with HIV should take antiretroviral therapy medicines, also called ART, no matter what stage the disease is in or what the complications are. ART is usually a mix of two or more medicines from several classes; each class blocks the virus in different ways to account for medicine resistance, called viral genotype, to avoid creating new medicine-resistant strains of HIV and suppress the virus as much as possible.

Objectives:

- 1) Confirm a diagnosis of HIV from prior testing during an initial visit with a person with newly diagnosed HIV
- 2) Describe key elements of the patient history during an initial visit
- 3) Identify key elements of the physical exam during an initial visit
- 4) Order and interpret laboratory studies that should be obtained prior to or during an initial visit with a person with newly diagnosed w HIV
- 5) Consider rapid start of antiretroviral medications (ART)
- 6) Identify appropriate resources to support PLWH

Disclosures: **IMRP/Activity Director**, Dr. JoAnn Wood disclosed Consulting/Case Management, which has been mitigated with attestation; **Presenter**, Dr. Kristin Rager discloses financial relationship with ViiV as speaker; this relationship has been mitigated. **Activity Planner**—Latasha Williams has no relevant financial relationships with ineligible companies to disclose. Disclosures of the Medical Education Committee have been reviewed; no relevant relationships exist pertaining to this activity with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

Designation Statement: The Mobile Infirmary designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Accreditation Statement: Mobile Infirmary is accredited by the Medical Association of the State of Alabama to provide continuing medical education for physicians.